

What Couples Are Saying:

- *The weekend was the equivalent of thousands of dollars worth of marriage counseling. THRIVE Marriage Retreat was a huge value!* -Laura
- *The whole THRIVE Marriage weekend was excellent! I can't wait to share my experience with others!* -Husband
- *THRIVE Marriage Retreat was life-changing!*
- *Since we have been home from the THRIVE Marriage Retreat we have seen so much joy in our marriage!* -Attendee
- *My wife and I feel much closer, we enjoy each other more than ever!* -Husband
- *THRIVE Marriage Retreat was an outstanding experience that will have a long-term impact on me, my spouse and our relationship!* -Husband and Wife
- *THRIVE Marriage Retreat gave us good tools for the future, not just knowledge!* -Husband
- *THRIVE Marriage Retreat was so much more helpful than other marriage retreats we've experienced!* -Husband and Wife



THRIVE Marriage Retreat location, contact info and schedule:



- **Rekindled** is Life Model based.
- **Rekindled** uses brain-based skill training for a stable identity and marriage.
- **Rekindled** offers wound healing through the active presence of Jesus.
- **Rekindled** relies on joy and peace to build a strong bond with your spouse.
- **Rekindled** trains couples to recognize attachment styles and correct relational patterns that rob joy and intimacy.
- **Rekindled** resolves conflicts through mutual mind practice.
- **Rekindled** teaches the neurochemistry of bonding and much more!

Stay joyfully connected!

Two Convenient Schedule Options

**2-Day Retreat
Friday**

12:30pm-1:00pm Registration
1:00pm-6:00pm Sessions

Saturday

9:00am-5:30pm
Suggested Date Night

**3-Day Retreat
Friday**

5:30pm-6:00pm Registration
6:00pm-9:00pm Sessions

Saturday

9:00am-4:00pm Sessions
Suggested Date Night

Sunday

9:00am-12:00pm Sessions

National and International

THRIVE - Changing My Generation



P.O. Box 2376
East Peoria, IL 61611
(309) 699-0171
www.thrivetoday.org

Rev. Chris and Jen Coursey
The Life Model
www.lifemodel.org



THRIVE
Changing My Generation
Marriage Retreat

www.thrivetoday.org



19 brain-based character skills GROW your marriage!

Marriages “blow out” when relational skills fail. Loving couples are heartbroken or drift apart when we are better at computers and cooking than at relationships. Don’t spend another night trying to talk it out again, know what you are doing! Discover the premiere relational-brain skill training!

In a THRIVE Marriage Retreat weekend you and your spouse enjoy strategic exercises designed to help you create loving changes and fresh starts. Studies show couples need more than information to experience lasting changes. To change painful habits and reach our God-given marriage potential specific brain skills are required. Using the best in brain science and God’s way of life, THRIVE Marriage Retreats reconnect you in joy! When you and your spouse attend a THRIVE Marriage weekend you practice many of the 19 relational-brain skills that take your marriage to the next level!



Good skills make for good marriages!

THRIVE Marriage Retreats offer hands-on practice with the relational skills that THRIVE Conference creators

Dr. Jim Wilder and the Courseys strategically developed to change families around the world. Here is your chance to find satisfaction in your marriage, improve intimacy and live according to your deepest held values. Systematic skill training strengthens you! See for yourself why successful marriages involve more than good intentions!

I gained momentum to remain relational with my husband and received helpful training to change problem areas in our relationship. I had a great time!!

THRIVE Marriage Retreat Wife



Share Immanuel HEALS your marriage!

Young or old, when we marry we bring unwanted baggage in the form of unprocessed pain and the effects of sin that easily rob us from what we want most - joyful intimacy with our mate. When you attend a THRIVE Marriage Retreat you receive intentional practice with the breakthrough Share Immanuel process that relies on your brain’s relational circuits with three simple steps to connect with Jesus that restores your mind, heart and marriage. While Share Immanuel refers to a healing process, more importantly, Share Immanuel is a way of life for couples who want more for their marriage. You will practice interacting with the Presence of God to pray for your spouse and to find resolution over fears with money, personal needs and more.



What do I need to prepare for a THRIVE Marriage Retreat?

Many marriage retreats are inspirational but leave you mostly unchanged in the long run.

THRIVE Marriage Retreats are different than other marriage seminars due to the use of right hemispheric skill training, recent discoveries in brain science, the active Presence of Jesus and much more. A THRIVE Marriage Retreat is heavy on practice and light on teaching, so read *The Life Model: Living from the Heart Jesus Gave You* book to get the most out of your weekend. For a stronger foundation, combine your *Life Model* reading with the new THRIVE Lectures Overview DVD set by Dr. Jim Wilder. You can order these and other excellent materials at www.lifemodel.org.



Building joy TRANSFORMS your marriage!

Joy is what you feel when someone is genuinely glad to be with you. Your insides relax as you feel the warm fuzzies that make you want more. Marriages fade when two people no longer share joy and feel glad to be together. One of the tremendous benefits of a THRIVE Marriage weekend comes from the purposeful design to restore couples with joy. God designed us to operate at our best when we rhythmically share joy and quiet states, so be prepared to practice lots of joy exercises! You will be introduced to a sexuality exercise that can change your sexual intimacy forever! Increase your marriage joy today!



We enjoyed getting closer to each other! We received so much from this THRIVE Marriage Retreat. We attended last year but there was so much more this time that helped our relationship - THANK YOU!
THRIVE Marriage Retreat Couple

At a THRIVE Marriage Retreat you practice creative exercises designed to help you rest, bond, heal and grow. You enjoy focused activities with your spouse that take you to the next level in your marriage relationship. Whether your marriage is thriving or barely holding on, you will enjoy a powerful weekend when you attend a THRIVE Marriage Retreat!

You experience strategic training that takes you farther down the road than good intentions, inspiring messages or wishful thinking. THRIVE training equips you with skills that change bad habits and remove painful patterns so you build joy and make positive changes that last! Know what you are doing!

THRIVE Marriage Retreat includes material from the Thriving Recovery program www.thrivingrecovery.org and Dr. Karl and Charlotte Lehman www.kclehman.com.